

MRI PROXIMAL HAMSTRING – SR ROUTINE

- Patient feet first in supine position, phased-array surface coil over thighs
- Legs close together, marker at site of pain
- Axials of both thighs with wide margins above and below the markers
- Proximal injuries: axials and oblique coronals include bilateral hamstring origins

| | Sequence | FOV (max) | Slice (max) | TE | Matrix (min) |
|-----------------------------------|---------------|--------------|----------------|-------|-----------------|
| BILATERAL SURVEY | Ax T1 | 38 cm | 7 mm | Min | 256x256 |
| | AX STIR | 38 cm | 7 mm | 40-60 | 256x256 |
| | | | | | |
| BILATERAL HAMSTRING ORIGINS | Ax T1 | 24 cm | 5 mm | Min | 288x256 |
| | Ax PD FS | 24 cm | 5 mm | 35 | 288x256 |
| | Cor Obl PD FS | 32 cm | 3 mm | 35 | 288x256 |
| | Sag Obl PD FS | 32 cm | 3 mm | 35 | 288x256 |